

**Angela Blumberg Dance:**  
***Shape Shifters***



**Join us for a workshop that uses props & costumes  
to change how we feel and move**

**Basic Workshop Information**

Content: Shape Shifters

Date: Sunday, November 10: 2pm - 4pm

Where: 180 Shaw Street, Unit 103

Experience: open to all levels

Cost: Free

To reserve your spot e-mail: [angelablumbergdance@gmail.com](mailto:angelablumbergdance@gmail.com)

Maximum capacity: 8

**Workshop Description**

Join us for a two-hour workshop that explores the significance of props and costumes, fabrics and head pieces when it comes to movement. How do these items change, restrict, enable our minds and movements? What images do they elicit? How can we carve out their potential and turn a creative limitation into a unique form of expression? Using costumes to create movement-based characters has been an important aspect of my choreographic research, and I look forward to exploring it with you!



**Angela Blumberg (she/her)** is the founder and Artistic Director of Angela Blumberg Dance (ABD). After completing her MFA in choreography and dramaturgy at York University (2009-2011), Angela founded ABD and has since choreographed and produced over 20 works. Her choreographies have been presented by Fall for Dance North's International Presenters Program, Canada's National Arts Centre, The University of Toronto's Annual New Music Festival, The World Dance Alliance Americas, d:mic/fac's WYSIWYG, DanceWorks CoWorks, and Toronto Metropolitan University's Springworks.

In 2012, Angela began collaborating closely with Canadian composers. Highlights include *Composing for Dance*, an accredited course at the University of Toronto's Composition Department. The course brought together graduate composition students and professional choreographers to engage in collaborative practices. Numerous collaborations with some of Toronto's up and coming composers followed, including a close partnership with Domenic Clark and Din of Shadows.

Angela choreographs for the stage and the screen. Her films have been presented by Michigan's Screen Dance International Film Festival, Canadian Brass, Canada's National Arts Centre, and the New York City based chamber music ensemble *Founders*. In addition to her artistic work, Angela is passionate about education and teaches contemporary dance and improvisation at the Young Dancers Program at Canada's National Ballet School. She is also the founder of *DaCo: Dance Collaboration Lab*, a program that supports choreographic practices in Toronto.  
[www.angelablumbergdance.com](http://www.angelablumbergdance.com)