

**Angela Blumberg Dance  
Contemporary Dance and Creative Process**



Join us for a free workshop!

**Basic Workshop Information**

Content: Contemporary Dance, Improvisation, Creative Process

Dates: TBC

Where: 180 Shaw Street, Studio 103, Toronto

Length: 3 hours (that includes a 20-minute break)

Facilitator: Angela Blumberg

Experience: This workshop is designed for professional and non-professional dancers 45+

Register: [angelablumbergdance@gmail.com](mailto:angelablumbergdance@gmail.com)

Website: [www.angelablumbergdance.com](http://www.angelablumbergdance.com)

**Workshop Description**

Join us for a 3-hour workshop to explore contemporary dance and some of the choreographic tasks we used for the creation of *The Great Dream*, a piece that premiered at the Canadian Opera's Free Concert Series in March 2024.

We will start the day with a contemporary dance class consisting of both set material and improvisation to explore spinal motions, oppositional forces, floor work, and a range of coordinative patterns.

After that we will workshop movement ideas and concepts from *The Great Dream*. In particular, we will look at gestures and motif development as well as dreams, strangeness and disguise. Together we will brainstorm how these concepts can be translated into the physical realm and crafted into choreography.

*The Great Dream* will be remounted and performed on August 2<sup>nd</sup> and 3<sup>rd</sup> at the Pia Bouman Theatre. Sweet Deal: Workshop participants will get a discount for *The Great Dream*.

This workshop will be taught by Angela Blumberg.

I look forward to meeting you!

**Angela Blumberg (she/her)** is the founder and Artistic Director of Angela Blumberg Dance (ABD). After completing her MFA in choreography and dramaturgy at York University (2009-2011), Angela founded ABD and has since choreographed and produced over 20 works. Her choreographies have been presented by Fall for Dance North's International Presenters Program, Canada's National Arts Centre, The University of Toronto's Annual New Music Festival, The World Dance Alliance Americas, d:mic/fac's WYSIWYG, DanceWorks CoWorks, and Toronto Metropolitan University's Springworks.

In 2012, Angela began collaborating closely with Canadian composers. Highlights include *Composing for Dance*, an accredited course at the University of Toronto's Composition Department. The course brought together graduate composition students and professional choreographers to engage in collaborative practices. Numerous collaborations with some of Toronto's up and coming composers followed, including a close partnership with Domenic Clark and Din of Shadows.

Angela choreographs for the stage and the screen. Her films have been presented by Michigan's Screen Dance International Film Festival, Canadian Brass, Canada's National Arts Centre, and the New York City based chamber music ensemble *Founders*. In addition to her artistic work, Angela is passionate about education and teaches contemporary dance and improvisation at the Young Dancers Program at Canada's National Ballet School. She is also the founder of *DaCo: Dance Collaboration Lab*, a program that supports choreographic practices in Toronto.  
[www.angelablumbergdance.com](http://www.angelablumbergdance.com)