

Angela Blumberg Dance: *Improvised Structures*



Join us for a workshop in Improvisation!

Basic Workshop Information

Content: Improvised Structures

Date: Thursday, October 10: 10am – 12pm

Where: 180 Shaw Street, Unit 103

Experience: intermediate – advanced

Cost: \$15

To reserve your spot e-mail: angelablumbergdance@gmail.com

Maximum capacity: 8

Workshop Description

Join us for a two-hour workshop that explores improvisation as a tool to coordinate the body and a way of performance. The workshop starts with a warm-up using improvisation tools that tap into somatic awareness, body connectivity, and relationship to self and others. After that we will explore improvised structures that allow us to navigate longer stretches of time, to make decisions, and to investigate our relationship with music. The class will culminate in a performance proposal that is entirely built around improvisation and an opportunity to apply the tools we've explored. This workshop will be taught by Angela Blumberg.



Angela Blumberg (she/her) is the founder and Artistic Director of Angela Blumberg Dance (ABD). After completing her MFA in choreography and dramaturgy at York University (2009-2011), Angela founded ABD and has since choreographed and produced over 20 works. Her choreographies have been presented by Fall for Dance North's International Presenters Program, Canada's National Arts Centre, The University of Toronto's Annual New Music Festival, The World Dance Alliance Americas, d:mic/fac's WYSIWYG, DanceWorks CoWorks, and Toronto Metropolitan University's Springworks.

In 2012, Angela began collaborating closely with Canadian composers. Highlights include *Composing for Dance*, an accredited course at the University of Toronto's Composition Department. The course brought together graduate composition students and professional choreographers to engage in collaborative practices. Numerous collaborations with some of Toronto's up and coming composers followed, including a close partnership with Domenic Clark and Din of Shadows.

Angela choreographs for the stage and the screen. Her films have been presented by Michigan's Screen Dance International Film Festival, Canadian Brass, Canada's National Arts Centre, and the New York City based chamber music ensemble *Founders*. In addition to her artistic work, Angela is passionate about education and teaches contemporary dance and improvisation at the Young Dancers Program at Canada's National Ballet School. She is also the founder of *DaCo: Dance Collaboration Lab*, a program that supports choreographic practices in Toronto.
www.angelablumbergdance.com